

Training of the Left Hand

Forty-six Exercises and Twenty-five Studies

For Left Hand Alone

Book I: Forty-six Exercises

It is the aim of these exercises to impart velocity, strength and evenness of touch to the fingers. Any one having the patience to take up six or eight numbers daily and practise them from ten to fifteen minutes, will soon be convinced of their usefulness. Begin in a moderate tempo, increasing it at each repetition.

H. Berens. Op. 89, Book 1

1

2

The image displays six systems of piano exercises for the left hand, written in bass clef. Each system consists of two staves of music. The exercises are as follows:

- System 1:** A series of eighth-note patterns. The first staff has fingerings 3 4 3 1, 4 5 4 5, 3 4 3 1, and 4 5 4 5. The second staff has fingerings 1, 1, 4 5 4 5, 1, 1, 1, 4.
- System 2:** A series of eighth-note patterns. The first staff has fingerings 1, 1, 1, 1. The second staff has fingerings 2 3 4 5 5, 2 3 4 5 5, 2 3 4 5 5, 2 3 4 5 5.
- System 3:** A series of eighth-note patterns. The first staff has fingerings 2 3 4 5 5, 2 3 4 5 5, 2 3 4 5 5, 2 3 4 5 5. The second staff has fingerings 5 4 3 2 1 1, 5 4 3 2 1 1, 5 4 3 2 1 1, 5 4 3 2 1 1.
- System 4:** A series of eighth-note patterns. The first staff has fingerings 2 3 4 5 5, 2 3 4 5 5, 2 3 4 5 5, 2 3 4 5. The second staff has fingerings 5 4 3 2 1 1, 5 4 3 2 1 1, 5 4 3 2 1 1, 5 4 3 2 1.
- System 5:** A series of eighth-note patterns. The first staff has fingerings 2 3 4 5 5, 2 3 4 5 5, 2 3 4 5 5, 2 3 4 5. The second staff has fingerings 5 4 3 2 1 1, 5 4 3 2 1 1, 5 4 3 2 1 1, 5 4 3 2 1.
- System 6:** A series of eighth-note patterns. The first staff has fingerings 2 3 4 5 5, 2 3 4 5 5, 2 3 4 5 5, 2 3 4 5. The second staff has fingerings 5 4 3 2 1 1, 5 4 3 2 1 1, 5 4 3 2 1 1, 5 4 3 2 1.

The exercises are marked with dynamics such as *ff* (fortissimo) and include various fingerings and articulations.

5

ff

Where two fingerings are given, they should be practised alternately.

The musical score for 'The Rose Tree' is presented in three systems. The first system begins with a treble clef, a key signature of one sharp (F#), and a 6/8 time signature. It contains two measures of music, each with a '2 4' fingering above the notes. The second system starts with a double bar line, followed by a 12/8 time signature and a key signature change to one flat (Bb). It contains two measures of music, each with a '2 3 4 5' fingering above the notes. The third system continues with the 12/8 time signature and one flat key signature, containing two measures of music, each with a '2 3 4 5' fingering above the notes. The score concludes with a double bar line and a repeat sign.

8 

9

10

11

f

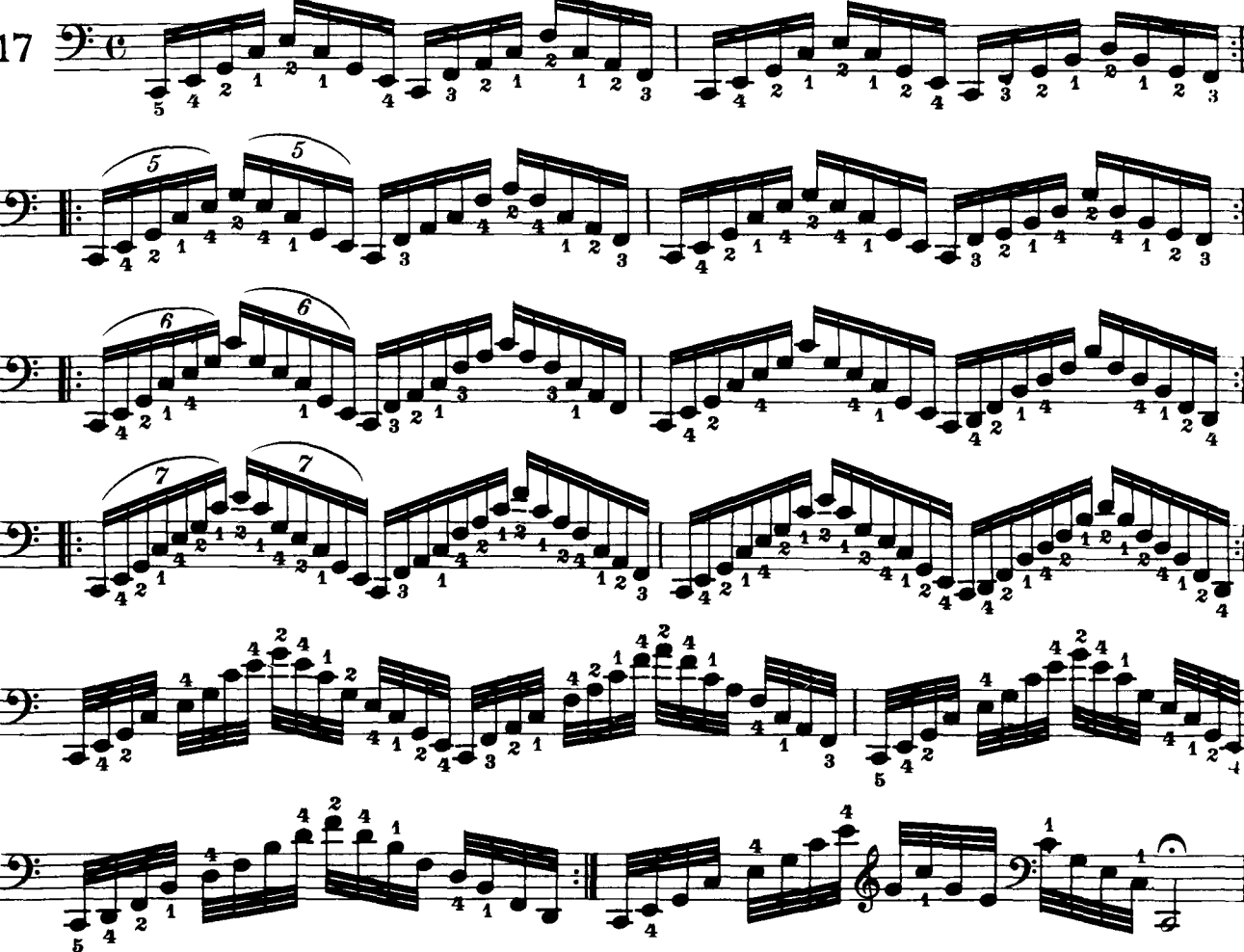
12

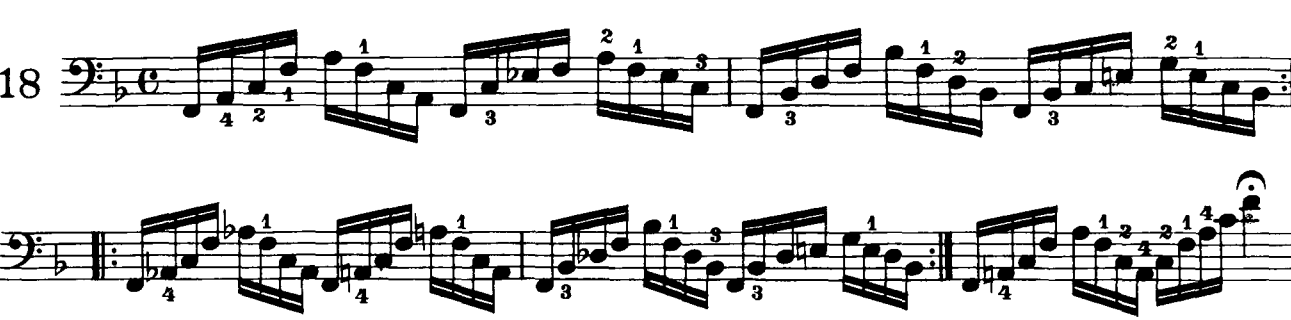
13

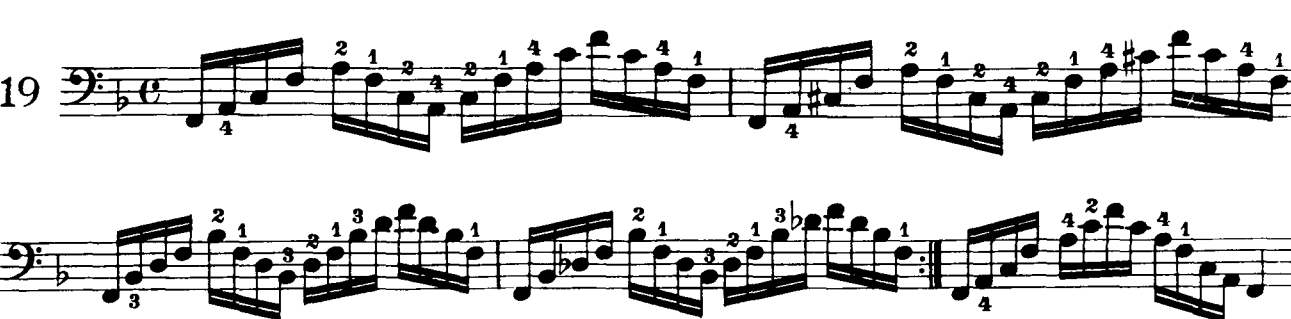
14

15

16

17 

18 

19 

20

21

22

23

24

25

26

27

28

29

30

31

32

fz

33

34

35

Fine

36

D. C. al Fine

37 *fz*

38

39

40

41

42

43

44

45

46

The image displays three musical exercises, numbered 44, 45, and 46, arranged vertically. Each exercise is written for the left hand in bass clef. Exercise 44 is in 6/8 time and consists of five staves of music, primarily using eighth and sixteenth notes with various fingerings (4, 5, 2, 3, 4, 5). Exercise 45 is in 2/4 time and consists of three staves, featuring a mix of eighth and sixteenth notes, with dynamic markings of *p* (piano) and *f* (forte). Exercise 46 is in 2/4 time and consists of two staves, also featuring eighth and sixteenth notes, with dynamic markings of *p* and *f*. The exercises are designed to train the left hand's technique and coordination.

Allegro

1

fz *ff*

sempre legato

dim.

p

cresc.

f

fz *fz*

Allegro

15

Allegro
sempre legato

3/8

p

5 4 3 4 3 2 3 1 2 1 2 1 2

5 4 3 4 3 2 3 1 2 1 2 1 2

1 2 3 1 2 3 1 2 3 1 2 3 1

2 1 3 2 1 3 2 1 3 2 1 3 2

4 5 4 5 4 5 4 5 4 5 4 5 4

4 3 5 3 5 4 3 5 4 3 5 4 3

5 4 2 5 4 2 5 4 2 5 4 2 5

poco ritard.

16

Allegro risoluto

marcato

4

f

First piece: Allegro risoluto marcato. Bass clef, 6/8 time. 4 measures. Starts with a forte (f) dynamic. The music consists of eighth and sixteenth note patterns with various fingerings (1-5) and slurs.

Allegro

5

f

Second piece: Allegro. Bass clef, 6/8 time. 5 measures. Starts with a forte (f) dynamic. The music consists of eighth and sixteenth note patterns with various fingerings (1-5) and slurs. The piece ends with the word "Fine" and a "poco ritard." (poco ritardando) instruction.

D.C. al Fine

D. C. al Fine

Moderato cantabile

9

p con espressione

cresc.

f

p

f

marcato

f

marcato

fz

p

fz

Allegro vivo

10

p *f* *cresc.* *f* *dim.* *cresc.*

Choral
Andante

11

p *p* *p*

Allegro

12

f

p

fz

ff

cresc.

Allegro moderato

13

mf

p

Musical score for "Allegro moderato" in 2/4 time. The score is written for piano and bass staves. The tempo is marked "Allegro moderato". The key signature is one flat (B-flat). The score includes various musical notations such as dynamics (f, dim., p, cresc., mf, fz), articulation (accents, slurs), and fingerings (1, 2, 3, 4, 5). The piece begins with a piano introduction and transitions into the main theme. The score is divided into measures, with some measures containing multiple notes and rests. The piece concludes with a final cadence.

Allegro

15

p

ten.

sempre stacc.

dim.

Allegro risoluto

16

ff

ff

ff

The first system of the musical score consists of five staves. The first four staves are in bass clef, and the fifth staff is in treble clef. The key signature has two flats (B-flat and E-flat). The music features complex rhythmic patterns, including triplets and sixteenth notes, with various fingerings indicated by numbers 1-5. The system concludes with a forte (*fz*) dynamic marking.

Moderato

The second system of the musical score consists of five staves, all in bass clef. It begins with the tempo marking 'Moderato' and a piano (*p*) dynamic. The music continues with complex rhythmic patterns and fingerings. The system concludes with a forte (*fz*) dynamic marking.

Allegro con fuoco

18

ff

fz

Moderato

19

p

fz

[illegible]

Allegro vivace

21

p *f*

Allegro

22

f

The image displays a page of piano sheet music for the left hand, consisting of ten staves of musical notation. The music is written in bass clef with a key signature of two flats (B-flat and E-flat). The notation includes various musical symbols such as notes, rests, slurs, and dynamic markings.

Key markings and instructions include:

- Andante espressivo**: A tempo and mood instruction spanning the middle section.
- p** (piano): Dynamic marking for soft volume.
- f** (forte): Dynamic marking for loud volume.
- cresc.** (crescendo): Instruction to increase volume.
- pp** (pianissimo): Dynamic marking for very soft volume.
- poco ritard.** (poco ritardando): Instruction to slow down slightly.
- Fine**: End of the piece.
- D.C. al Fine**: Da Capo instruction.
- 23**: A measure number indicating the start of a new section.
- Red. ***: Rehearsal marks.
- 1**, **2**, **3**, **4**, **5**: Fingering numbers for the left hand.
- 4**, **5**: Measure numbers at the end of staves.

The music features a variety of rhythmic patterns, including eighth and sixteenth notes, and rests. There are also slurs indicating phrasing and ties connecting notes across measures.

Allegro non troppo

24

mf

ff

p

p

fz

fz

fz

a tempo

mf

ff

Allegro

25

ff

4